

21+ FILTHY BAR COMEDY

BOMBED.app

NASTY · ADULT

# Bad Habits Nasty

## 100 Filthy Bar Jokes

Setup · Punchline · Knockout — drinking, sex, money, lazy life, Vegas, relationship trash. Copy-paste ready for club & open mic.

Jesse Salas · Generated 2026-06-22

---

## Bar & Drinking Habits (10)

---

### #1 · bh\_001

SETUP

**My worst habit is turning "one drink" into a season finale.**

PUNCHLINE

| "I'll have one." Cut to me explaining my divorce to a bartender who just asked for ID.

KNOCKOUT

| **One drink is a lie adults tell themselves before karaoke and regret.**

### #2 · bh\_002

SETUP

**I don't black out. I go on a field trip without supervision.**

PUNCHLINE

| Wake up with receipts, shame, and a contact named "Do Not Answer."

KNOCKOUT

| **Blackout isn't forgetting. It's outsourcing your decisions to tequila.**

### #3 · bh\_003

SETUP

**Bad habit: pre-gaming before pre-gaming.**

PUNCHLINE

| By the time I hit the club I'm financially and emotionally overdrawn.

KNOCKOUT

| **VIP means "very intoxicated person" when I'm budgeting.**

### #4 · bh\_004

SETUP

**I tell myself I quit drinking every Sunday.**

PUNCHLINE

| Monday is just Sunday with worse lighting and a hangover that votes.

KNOCKOUT

| **Sobriety and I have an on-again-off-again thing — mostly off.**

### #5 · bh\_005

SETUP

**My bar habit is flirting like I'm casting a show nobody ordered.**

PUNCHLINE

| Buy a drink, get a monologue, leave with their therapist's number in my head.

KNOCKOUT

| **Charm is cheap. Follow-through is bankruptcy.**

#6 · bh\_006

SETUP

**I do shots like they're vitamins.**

PUNCHLINE

| Daily dose of bad decisions with a lime garnish.

KNOCKOUT

| **Wellness culture failed me. Well liquor didn't.**

#7 · bh\_007

SETUP

**Bad habit: drunk-texting my ex at last call.**

PUNCHLINE

| She responds with bullet points. I respond with typos and hope.

KNOCKOUT

| **Love languages? Mine is harassment with autocorrect.**

#8 · bh\_008

SETUP

**I tip bartenders like they're saving my soul.**

PUNCHLINE

| Because they are — one pour at a time, no judgment, all enablement.

KNOCKOUT

| **Church is closed. Bar is open. Same guilt, better acoustics.**

#9 · bh\_009

SETUP

**My worst habit at the bar is telling strangers my life story for free.**

PUNCHLINE

| They charge cover to hear worse on stage.

KNOCKOUT

| **Open mic is monetized trauma. Bar is the beta test.**

#10 · bh\_010

SETUP

**I don't leave the bar. The bar leaves me — on the curb, philosophical, smelling like regret.**

PUNCHLINE

| "You'll be fine." Bro I will be. That's the problem.

KNOCKOUT

| **Fine is where bad habits retire with benefits.**

## Dating & Sex Habits (10)

---

#11 · bh\_011

SETUP

**Bad habit: confusing chemistry with familiar damage.**

PUNCHLINE

| Every ex felt like destiny until the second month and the first subpoena of emotion.

KNOCKOUT

| **I don't have a type. I have a rerun with new lighting.**

#12 · bh\_012

SETUP

**I sleep with people I wouldn't loan twenty bucks.**

PUNCHLINE

| That's not horny. That's self-sabotage with sweat.

KNOCKOUT

| **Standards and I broke up before the clothes did.**

#13 · bh\_013

SETUP

**My worst habit is catching feelings at 2am.**

PUNCHLINE

| Body says leave. Heart says "maybe breakfast." Brain files for unemployment.

KNOCKOUT

| **2am love is a hallucination with good Wi-Fi.**

#14 · bh\_014

SETUP

**I fake interest longer than I fake orgasms.**

PUNCHLINE

| At least one of us performs with commitment.

KNOCKOUT

| **Acting class was my best investment. Bedroom was the final exam.**

#15 · bh\_015

SETUP

**Bad habit: sexting before screening for literacy.**

PUNCHLINE

| Half my roster can't spell "tonight" but can spell entitlement.

KNOCKOUT

| **Thirst traps catch dust and dudes with flip phones.**

#16 · bh\_016

SETUP

**I treat hookups like Uber rides.**

PUNCHLINE

| Five stars if they don't talk politics. One star if they stay for eggs.

KNOCKOUT

| **Intimacy on demand — surge pricing is emotional.**

#17 · bh\_017

SETUP

**My dating bad habit is lying about how casual I am.**

PUNCHLINE

| "No strings." Bro I knit strings in my sleep.

KNOCKOUT

| **Casual is a costume. Attachment is the skin.**

#18 · bh\_018

SETUP

**I go back to the same bad sex like it's a franchise.**

PUNCHLINE

| Same plot. Same disappointment. Loyalty program with no rewards.

KNOCKOUT

| **Insanity is expecting an orgasm from a guy who treats foreplay like spam.**

#19 · bh\_019

SETUP

**Bad habit: using sex to avoid feelings.**

PUNCHLINE

| Works until the feelings show up naked asking for rent.

KNOCKOUT

| **Escapism with nudity — America's pastime.**

#20 · bh\_020

SETUP

**I measure a night by what I regret less — the person or the position.**

PUNCHLINE

| Usually both file jointly.

KNOCKOUT

| **Tax season of the pelvis.**

## Phone & Social Media (10)

---

#21 · bh\_021

SETUP

**Bad habit: scrolling while somebody's talking to me.**

PUNCHLINE

| I'm not listening. I'm buffering their trauma.

KNOCKOUT

| **Phubbing is the new cheating — with better battery life.**

#22 · bh\_022

SETUP

**I check my ex's profile like it's a weather app.**

PUNCHLINE

| Still stormy. Still hot. Still not my problem — until 2am.

KNOCKOUT

| **Stalking with a like button.**

#23 · bh\_023

SETUP

**My screen time report is a war crime against my own potential.**

PUNCHLINE

| Seven hours daily. Five on apps that make me hate people I used to date.

KNOCKOUT

| **Productivity died so Reels could live.**

#24 · bh\_024

SETUP

**Bad habit: recording fights for content.**

PUNCHLINE

| Not posting — yet.

KNOCKOUT

| **Reality TV is just relationships with worse boundaries and better editors.**

#25 · bh\_025

SETUP

**I doomscroll until my soul files a complaint.**

PUNCHLINE

| Algorithm serves anxiety with targeted ads for tequila.

KNOCKOUT

| **Personalized despair — free with signup.**

#26 · bh\_026

SETUP

**I text "sorry" before I'm sorry.**

PUNCHLINE

| Apology speedrun. Accountability DLC sold separately.

KNOCKOUT

| **Character is offline. Autocorrect is online.**

#27 · bh\_027

SETUP

**Bad habit: drunk-posting thirst traps at 1am.**

PUNCHLINE

| Delete by noon. Damage by breakfast.

KNOCKOUT

| **Instagram memories: "remember when you were desperate publicly?"**

#28 · bh\_028

SETUP

**My group chat is where dignity goes to get screenshot.**

PUNCHLINE

| Prayer hands, clown emoji, court date energy.

KNOCKOUT

| **Community is beautiful. Evidence is permanent.**

#29 · bh\_029

SETUP

**I answer unknown numbers hoping it's money or love.**

PUNCHLINE

| It's always a car warranty or a man I forgot.

KNOCKOUT

| **Hope is a scam with caller ID.**

#30 · bh\_030

SETUP

**Bad habit: using my phone on the toilet until my legs file for divorce.**

PUNCHLINE

| Forty minutes. One flush. Zero growth.

KNOCKOUT

| **Meditation app can't compete with bathroom Twitter.**

## Money & Spending (10)

---

#31 · bh\_031

SETUP

**Bad habit: treating credit cards like personality tests.**

PUNCHLINE

| "Approved." Cool, so is my delusion.

KNOCKOUT

| **Debt is just future me's problem — future me is also broke.**

#32 · bh\_032

SETUP

**I buy things to feel something.**

PUNCHLINE

| Delivery box arrives — brief joy. Open it — shame with instructions.

KNOCKOUT

| **Retail therapy needs a copay and an intervention.**

#33 · bh\_033

SETUP

**My worst habit is lending money I need for gas.**

PUNCHLINE

| Then driving angry past the borrower at Target.

KNOCKOUT

| **Generosity with GPS and resentment.**

#34 · bh\_034

SETUP

**I gamble like math is optional.**

PUNCHLINE

| "I'm due." Bro you're due for a financial colonoscopy.

KNOCKOUT

| **Vegas math: house always wins, Jesse always narrates.**

#35 · bh\_035

SETUP

**Bad habit: Venmo requests with emotional captions.**

PUNCHLINE

| "For Tuesday 💔" Lady that was tacos.

KNOCKOUT

| **Pay me in cash or therapy.**

#36 · bh\_036

SETUP

**I check my bank account like horror movies.**

PUNCHLINE

| Through fingers. Screaming internally.

KNOCKOUT

| **Balance low. Dignity lower.**

#37 · bh\_037

SETUP

**My spending habit is pretending subscriptions aren't bills.**

PUNCHLINE

| Twelve apps. Eight I forgot. Three I'm funding out of spite.

KNOCKOUT

| **Netflix, Hulu, shame — the bundle.**

#38 · bh\_038

SETUP

**I tip big when I'm flirting and small when I'm sober.**

PUNCHLINE

| Charity and horniness share a wallet.

KNOCKOUT

| **Capitalism meets thirst — everybody tips.**

#39 · bh\_039

SETUP

**Bad habit: buying courses instead of doing the work.**

PUNCHLINE

| Shelf full of hustle. Bank account full of pause.

KNOCKOUT

| **Motivation is a subscription I never cancel.**

#40 · bh\_040

SETUP

**I say "invest in yourself" while investing in wings and bad decisions.**

PUNCHLINE

| Portfolio: 60% hot sauce, 40% regret.

KNOCKOUT

| **Warren Buffett would block me.**

## Hygiene & Lazy Life (10)

---

#41 · bh\_041

SETUP

**Bad habit: showering only when society requires it.**

PUNCHLINE

| Job interview? Baptism. Netflix alone? Desert.

KNOCKOUT

| **Hygiene is situational ethics.**

#42 · bh\_042

SETUP

**My bed and I are in a toxic relationship.**

PUNCHLINE

It enables me. I disappoint it with crumbs.

KNOCKOUT

**Sheet wash schedule: lunar eclipse.**

#43 · bh\_043

SETUP

**I wear jeans until they file for emancipation.**

PUNCHLINE

"Still good." Bro they stand up alone.

KNOCKOUT

**Laundry is optional until smell becomes a roommate.**

#44 · bh\_044

SETUP

**Bad habit: ordering delivery because the kitchen is "too far."**

PUNCHLINE

Twelve feet. Might as well be Utah.

KNOCKOUT

**DoorDash is laziness with a hot bag.**

#45 · bh\_045

SETUP

**I don't procrastinate. I marinate in avoidance.**

PUNCHLINE

Deadline approaches — still seasoning the denial.

KNOCKOUT

**Stress is a slow cooker.**

#46 · bh\_046

SETUP

**My oral hygiene peaks before dates and dentist appointments.**

PUNCHLINE

Otherwise it's gum and prayer.

KNOCKOUT

**Floss is a sometimes food.**

#47 · bh\_047

SETUP

**Bad habit: sleeping through alarms like they're suggestions.**

PUNCHLINE

Snooze is a lifestyle. Employment is a rumor.

KNOCKOUT

**Morning person? I don't know her.**

#48 · bh\_048

SETUP

**I let dishes soak so long they develop culture.**

PUNCHLINE

| Not the good kind. The civilization kind.

KNOCKOUT

| **Archaeology in my sink.**

#49 · bh\_049

SETUP

**My car interior is where hope goes to compost.**

PUNCHLINE

| Fast bags, slow shame, one gym shirt that never saw a gym.

KNOCKOUT

| **Mobile landfill with air freshener.**

#50 · bh\_050

SETUP

**Bad habit: saying "I'll start Monday" since 2019.**

PUNCHLINE

| Monday is a myth. Tuesday is worse.

KNOCKOUT

| **Goals are New Year's cosplay.**

## Relationship Bad Habits (10)

---

#51 · bh\_051

SETUP

**Bad habit: fixing people who didn't ask for a contractor.**

PUNCHLINE

| I bring tools, trauma, and unrealistic timelines.

KNOCKOUT

| **Renovation show energy. Eviction notice results.**

#52 · bh\_052

SETUP

**I stay too long because leaving feels rude.**

PUNCHLINE

| Rude to who — them or my future therapist?

KNOCKOUT

| **Politeness is how abuse gets room service.**

#53 · bh\_053

SETUP

**My worst habit is apologizing for other people's moods.**

PUNCHLINE

| "Sorry you're mad." I didn't start the fire. I brought marshmallows.

KNOCKOUT

| **Peacekeeper until I explode — then I'm the problem.**

#54 · bh\_054

SETUP

**I love bomb then panic bomb.**

PUNCHLINE

| Week one: paradise. Week three: "who are you really?"

KNOCKOUT

| **Emotional whiplash with good texting.**

#55 · bh\_055

SETUP

**Bad habit: reading texts like they're legal documents.**

PUNCHLINE

| Every period is a verdict. Every "k" is a funeral.

KNOCKOUT

| **Punctuation is the new cheating.**

#56 · bh\_056

SETUP

**I argue to win, not to understand.**

PUNCHLINE

| Victory tastes like sleeping alone.

KNOCKOUT

| **Debate team champion. Intimacy dropout.**

#57 · bh\_057

SETUP

**My jealousy isn't cute. It's a second job with no benefits.**

PUNCHLINE

| Overtime unpaid. Paranoia comped.

KNOCKOUT

| **Trust issues work remote.**

#58 · bh\_058

SETUP

**Bad habit: stalking socials then acting surprised.**

PUNCHLINE

| "How was your night?" I saw the whole night. In 4K. With comments.

KNOCKOUT

| **Detective work disguised as casual.**

#59 · bh\_059

SETUP

**I say "I'm fine" like it's a religion.**

PUNCHLINE

| Congregation: me. Offering: resentment.

KNOCKOUT

| **Fine is the lie that built Western civilization.**

#60 · bh\_060

SETUP

**Bad habit: dating my childhood with a new area code.**

PUNCHLINE

| Same chaos. Better Wi-Fi. Worse boundaries.

KNOCKOUT

| **Patterns don't change. Area codes do.**

## Food & Eating (10)

---

#61 · bh\_061

SETUP

**Bad habit: eating feelings like they're a food group.**

PUNCHLINE

| Sad? Pasta. Horny? Fries. Angry? Both.

KNOCKOUT

| **MyPlate.gov hates my coping chart.**

#62 · bh\_062

SETUP

**I meal prep on Sunday. Eat it all by Monday lunch.**

PUNCHLINE

| Prepped for discipline. Delivered to weakness.

KNOCKOUT

| **Tupperware is a short-term rental for shame.**

#63 · bh\_063

SETUP

**My diet starts tomorrow — tomorrow has been booked since 2016.**

PUNCHLINE

| Calendar full. Mouth fuller.

KNOCKOUT

| **Keto and I are on a break. Permanent.**

#64 · bh\_064

SETUP

**Bad habit: midnight snacks with courtroom energy.**

PUNCHLINE

| Open fridge. Stare. Convict myself. Eat anyway.

KNOCKOUT

| **Guilty pleasure needs a public defender.**

#65 · bh\_065

SETUP

**I hide food like it's contraband.**

PUNCHLINE

| Closet chips. Drawer candy. Marriage of secrecy and crunch.

KNOCKOUT

| **Snack smuggling — adult hide and seek.**

#66 · bh\_066

SETUP

**I eat in bed like civilization already collapsed.**

PUNCHLINE

Crumbs, regret, and a documentary about serial killers.

KNOCKOUT

**Hygiene optional. Crunch mandatory.**

#67 · bh\_067

SETUP

**Bad habit: pretending salad cancels the wings.**

PUNCHLINE

Math doesn't work like that. My conscience tries anyway.

KNOCKOUT

**Vegetables as spiritual laundering.**

#68 · bh\_068

SETUP

**I tip delivery drivers extra because they saw my shame.**

PUNCHLINE

They know the order. They know I'm alone. They know.

KNOCKOUT

**Doorbell is a confession booth.**

#69 · bh\_069

SETUP

**My coffee habit is a personality.**

PUNCHLINE

Without caffeine I'm a crime scene with shoes.

KNOCKOUT

**Barista knows my trauma and my order.**

#70 · bh\_070

SETUP

**Bad habit: eating family-size alone and calling it "leftovers for later."**

PUNCHLINE

Later is now. Later is always now.

KNOCKOUT

**Portion control lost custody.**

## Work & Hustle (10)

---

#71 · bh\_071

SETUP

**Bad habit: saying yes to every gig because I'm broke and hopeful.**

PUNCHLINE

Clean toilets by day. Bomb on stage by night. Same mop water, different stage.

KNOCKOUT

**Hustle culture with bleach fumes.**

#72 · bh\_072

SETUP

**I procrastinate on invoices like clients will forget money.**

PUNCHLINE

They don't. I do. Then panic at 11pm.

KNOCKOUT

**Cash flow is a horror genre.**

#73 · bh\_073

SETUP

**My worst habit is working for exposure.**

PUNCHLINE

Got exposure. Also got evicted-adjacent.

KNOCKOUT

**Pay me in money. Clout doesn't cover gas.**

#74 · bh\_074

SETUP

**I check email in bed like the boss lives in my sheets.**

PUNCHLINE

No boundaries. Only notifications and resentment.

KNOCKOUT

**Remote work remote soul.**

#75 · bh\_075

SETUP

**Bad habit: gossiping about coworkers who gossip about me.**

PUNCHLINE

Circle of life. Circle of petty.

KNOCKOUT

**HR could make a miniseries.**

#76 · bh\_076

SETUP

**I call out "sick" when I'm emotionally hungover.**

PUNCHLINE

Cough optional. Drama mandatory.

KNOCKOUT

**Mental health day or moral hangover — same PTO.**

#77 · bh\_077

SETUP

**My side hustle is my main coping mechanism.**

PUNCHLINE

Four businesses because one failure felt too efficient.

KNOCKOUT

**Diversified disappointment.**

#78 · bh\_078

SETUP

**Bad habit: rehearsing jokes while cleaning someone's master bathroom.**

PUNCHLINE

| Client hears me. Tips more. Trauma pays.

KNOCKOUT

| **Affordable Pro Home Cleaners — comedy with chemicals.**

#79 · bh\_079

SETUP

**I undercharge because I hate asking for money.**

PUNCHLINE

| Then resent clients I discounted.

KNOCKOUT

| **Self-worth and pricing share a therapist.**

#80 · bh\_080

SETUP

**Bad habit: treating every customer like a heckler I have to win.**

PUNCHLINE

| "Great job on the floors." Thanks. Tip like you mean it.

KNOCKOUT

| **Service industry is crowd work with mops.**

## Vegas & Club Life (10)

---

#81 · bh\_081

SETUP

**Vegas bad habit: confusing neon with healing.**

PUNCHLINE

| Lost seven hundred dollars and gained a special.

KNOCKOUT

| **Fresh start with casino lighting.**

#82 · bh\_082

SETUP

**I go to strip clubs for "conversation."**

PUNCHLINE

| That's a lie. I go for finance education and shame.

KNOCKOUT

| **VIP math: twenty minutes, three hundred dollars, lifetime story.**

#83 · bh\_083

SETUP

**Bad habit: marrying drunk ideas in Vegas.**

PUNCHLINE

| Didn't marry a person. Married a concept at 4am.

KNOCKOUT

| **What happens in Vegas gets invoiced monthly.**

#84 · bh\_084

SETUP

**I chase losses like they're running slow.**

PUNCHLINE

| They're not. I'm just fast at being stupid.

KNOCKOUT

| **Gambler's fallacy — my love language.**

#85 · bh\_085

SETUP

**Vegas dating is guessing if she likes me or my hotel key.**

PUNCHLINE

| Usually the key. Sometimes the key and my ATM PIN.

KNOCKOUT

| **Romance with surge pricing.**

#86 · bh\_086

SETUP

**Bad habit: comedians' hours — sleep at sunrise, regret at sunset.**

PUNCHLINE

| Body clock broken. Joke clock thriving.

KNOCKOUT

| **Circadian rhythm filed for divorce.**

#87 · bh\_087

SETUP

**I drink in casinos because water costs dignity.**

PUNCHLINE

| Cocktails comped. Decisions expensive.

KNOCKOUT

| **Hydration is for people with savings.**

#88 · bh\_088

SETUP

**My Vegas habit is telling strangers I'm a comic.**

PUNCHLINE

| Now they expect free material and emotional labor.

KNOCKOUT

| **Open mic everywhere. Pay nowhere.**

#89 · bh\_089

SETUP

**Bad habit: after-show partying like the set killed.**

PUNCHLINE

| It didn't. The crowd was polite. My liver was ambitious.

KNOCKOUT

| **Celebration before validation.**

#90 · bh\_090

SETUP

**I leave Vegas with less money and more material.**

PUNCHLINE

| IRS can't tax jokes. Yet.

KNOCKOUT

| **Broke but funny — Nevada state motto for me.**

## Nuclear Closers (10)

---

#91 · bh\_091

SETUP

**My worst habit is me.**

PUNCHLINE

| Everything else is a symptom.

KNOCKOUT

| **Therapy said "patterns." I said "content."**

#92 · bh\_092

SETUP

**Bad habits are just hobbies with consequences.**

PUNCHLINE

| I collect consequences.

KNOCKOUT

| **Museum of poor decisions — gift shop sells shots.**

#93 · bh\_093

SETUP

**I don't need to quit my habits. I need to monetize them.**

PUNCHLINE

| That's stand-up. That's cleaning biz. That's America.

KNOCKOUT

| **Trauma with a two-drink minimum.**

#94 · bh\_094

SETUP

**Every bad habit started as stress relief.**

PUNCHLINE

| Stress stayed. Relief left on a Uber.

KNOCKOUT

| **Coping became lifestyle.**

#95 · bh\_095

SETUP

**I'm not addicted to anything except avoiding myself.**

PUNCHLINE

| Alcohol, phones, sex — all exit ramps from the same highway.

KNOCKOUT

| **Main road is quiet. Scary. Unvisited.**

#96 · bh\_096

SETUP

**My habits are trash but consistent.**

PUNCHLINE

Reliability counts for something.

KNOCKOUT

**Garbage truck on schedule.**

#97 · bh\_097

SETUP

**I tried breaking habits.**

PUNCHLINE

Broke myself instead. Faster.

KNOCKOUT

**Growth or damage — audience can't tell.**

#98 · bh\_098

SETUP

**Bad habit: turning pain into punchlines before healing.**

PUNCHLINE

Crowd laughs. I invoice. Therapist waits.

KNOCKOUT

**BOMBED.app — bad habits playable.**

#99 · bh\_099

SETUP

**100 nasty bar jokes about bad habits.**

PUNCHLINE

Setup. Punch. Knockout. Copy-paste filth with structure.

KNOCKOUT

**bombed.app/world — topic bad\_habits\_nasty.**

#100 · bh\_100

SETUP

**Final habit: telling the truth on stage and lying everywhere else.**

PUNCHLINE

Bar loves honesty. Bank doesn't.

KNOCKOUT

**Tip your server. Fix one habit tomorrow. Or give me a tag.**